

COLLEGE OF
MARIN

90 Years of Transforming Lives through Education and Training

Classified Staff Professional Development Day Program

Friday, February 24, 2017

8:00 a.m. - 12:00 p.m.

Breakfast – 8 - 8:45 a.m. in the Cafeteria

Opening Session – 9 - 9:45 a.m.

<p>Presenters: David Wain Coon, Sarah Frye, and Christina Leimer</p> <p>Location: Cafeteria</p>	<p>Preparing for the Accreditation Site Visit</p> <p>2017 is our time to shine! This interactive session will help you brush up on all things COM. You'll learn about what to expect during the Accreditation Site Visit March 6 - 9, 2017 and have a chance to ask questions.</p>
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Session 1 – 10 - 10:55 a.m.

Session 2 – 11 a.m. - noon

You can choose two sessions to attend.

Each session will be presented twice unless otherwise noted.

<p>Presenters: Dan Widger and Martin Langeveld</p> <p>Location: AC 246</p>	<p>Emergency Preparedness at COM</p> <p>Facilitated by COM Police Department, this presentation will focus on responding to "everyday emergencies" such as fire alarms, power outages, and disruptive individuals.</p>
<p>Presenter: Danila Musante</p> <p>Location: AC 241</p>	<p>Supporting Distressed Students</p> <p>Many COM students have experienced a great deal of trauma in their personal lives. This presentation and discussion will help you learn more about trauma and its effect on students so that you are better equipped to respond to and support students in your work.</p>
<p>Presenters: David Patterson, Elle Dimopoulos, and Chris Yang</p> <p>Location: KTD Library Classroom</p>	<p>COM Safe Space: Supporting LGBTIQQ Students</p> <p>The Safe Space program at COM primarily supports lesbian, gay, bisexual, transgender, intersex, queer and questioning (LGBTIQQ) students, staff, and faculty. Safe Space training, based on similar programs at other higher education institutions, will boost your cultural competencies and give you the tools and vocabulary to support student success by contributing to a safe and equitable environment for the LGBT+ community on campus and beyond. The Safe Space program is part of a larger COM community effort to engage under-represented student populations and invest in their success. No prior knowledge of the LGBTIQQ community is required: All are welcome. At the end of the session you can request a Safe Space placard and volunteer to display it as a signal to students that you are a trained ally.</p>

<p>Presenter: Sara Lefkowitz</p> <p>Location: AC 255</p>	<p style="text-align: center;">Mindful Stress Reduction and Self Care Strategies "You can't stop the waves, but you can learn to surf."</p> <p>In this experiential workshop, Sara Lefkowitz, a member of the nursing faculty, will help you to explore and practice mindful meditation techniques which calm the nervous system, regulate the emotions and increase self-awareness. Discover one-minute stress busters to help you regain balance during a busy day.</p>
<p>Presenter: Stacey Lince</p> <p>Location: AC 116</p>	<p style="text-align: center;">Tech-Related Professional Development Resources at COM</p> <p>Are you looking for ways to up your tech-skills? Need some additional training in Microsoft Office software? Are you hesitant to RSVP to an out-of-town conference or workshop due to cost? Attend this workshop to explore ways you can obtain tech-related training and professional development through COM including: Lynda.com, SkillSoft.com, free COM courses, and professional development funds!</p> <p>Space is limited for this workshop as you will have an opportunity to use the available computers to register at Lynda.com and put together a "playlist." Or, BYOD (bring your own device) and we will make room! Please RSVP to Stacey Lince slince@marin.edu.</p>
<p>Presenter: Lana Panfilova, Anthem Employee Assistance Program</p> <p>Session 1 – 10 - 10:55</p> <p>Location: AC 245</p>	<p style="text-align: center;">Fostering Inclusion in the Workplace</p> <p>Inclusive work environments are productive environments! This seminar discusses how employees can create an inclusive workplace. Participants will learn to identify activities, attitudes and assumptions that exclude co-workers. Explore how to include others in ways that not only enrich the workplace but personal lives as well.</p>
<p>Presenter: Lana Panfilova, Anthem Employee Assistance Program</p> <p>Session 2 – 11 - noon</p> <p>Location: AC 245</p>	<p style="text-align: center;">Teamwork: The Essentials</p> <p>The ability to understand and communicate effectively in teams is an important part of our personal and professional success. Through discussion and interactive exercises, we will explore how teams can work together most effectively and learn how to apply successful team concepts and strategies in very practical ways. Interpersonal difficulties such as trust, skill identification, conflict resolution and communication issues will be discussed.</p>

Offices reopen at 1:00 p.m.