

Tuesday, January 13	Wednesday, January 14	Thursday, January 15	Friday, January 16
<p><b>Wellness Activity</b> <b>Zumba</b> Michele Vaughan 8:30-9:30 - PE 60</p> <p><b>*Moodle Basics</b> Kathleen Smyth 9-11 - SMN 130</p> <p><b>Art Activity</b> <b>*Hands on Metal Casting</b> Patricia Hulin, Jason Dunn, &amp; Nathan Castillo 9-noon - FA 121</p> <p><b>The PAF has had a Facelift!</b> <b>What Does this Mean for You?</b> Julie Breakstone &amp; Leslie Lee 10-11 – SMN 227</p> <p><b>Question, Persuade, &amp; Refer:</b> <b>Suicide Prevention</b> Dawn Danz 10 – 11:30 – SMN 225</p> <p><b>Microsoft Office:</b> <b>Quick Tips and Techniques</b> Patrick Tesler 11:10–noon - SMN 132</p> <p><b>Teaching Students about Research:</b> <b>Best Practices from COM Librarians</b> John Erdmann, Sarah Frye, &amp; Dave Patterson 12 – 12:50 - Library Classroom</p> <p><b>Department Chairs Meeting</b> 12:45-2 – SMN 227</p> <p><b>The Who, What, When, Why and How of Long-Term Care Insurance</b> Karen Perry, LTC Vendor 1-2 - SMN 225</p> <p><b>Sense and Sensibility:</b> <b>Addressing the Cognitive and Affective Needs of Our Students</b> Cheo Massion &amp; Meg Pasquel 1-3 – SMN 229</p> <p><b>New Hardware and Software for Increasing Campus Security</b> Greg Nelson 2:10–3:30 – SMN 227</p> <p><b>New Faculty Orientation</b> 3-5 p.m. - SMN 225</p> <p><b>Wellness Activity</b> <b>Easy Stretches at Your Desk</b> Diana Scranton 3:30-4:30 - SMN 229</p>	<p><b>Mandatory Flex day for full-time faculty</b></p> <p><b>Continental Breakfast</b> 8-8:45 - Performing Arts Lobby</p> <p><b>Spring Convocation</b> 9-11 – James Dunn Theater</p> <p><b>Keynote Speaker:</b> <b>Diego Navarro</b> Academy for College Excellence Cabrillo College</p> <p>“Closing the Achievement Gap: Measuring and Addressing the Affective Domain”</p> <p><b>Post-Convocation Session:</b> <b>Digging Deeper with Diego Navarro</b> 11:15 -12 – FH 120</p> <p><b>Union Meeting and Lunch</b> 12-1:30 – Cafeteria (This activity does not count toward Flex requirement.)</p> <p><b>Department Meetings</b> 1:30-3:30 Check with your department for room information.</p> <p><b>Are you moving into the new Academic Center?</b> Stop by the cafeteria throughout Flex Week to check out the display of sample furniture for the new AC.</p>	<p><b>Wellness Activity</b> <b>Functional Fitness</b> Michele Vaughan 8:30-9:30 - PE 20</p> <p><b>*Moodle Gradebook</b> Kathleen Smyth 9-11 - SMN 130</p> <p><b>*CalSTRS Workshop: Retirement Application Roundtable</b> 9:30-11:30 – SMN 225</p> <p><b>Safe Space Training: Supporting LGBTIQQ Students</b> Diversity &amp; Equity Advisory Committee 10-11:30 – Library Classroom</p> <p><b>Working with Special Populations</b> Counseling staff 10-noon – SMN 229</p> <p><b>*CalSTRS Workshop: Retirement Group Counseling</b> 12-2 – SMN 225</p> <p><b>COM and the Environment: How to Green the Campus and the Curriculum</b> Joe Mueller 1-4 – AU 133</p> <p><b>Personal Budgeting 101</b> Greg Nelson 1-2 – SMN 229</p> <p><b>The Who, What, When, Why and How of Long-Term Care Insurance</b> Karen Perry, LTC Vendor 1-2 SMN 227</p> <p><b>Paperless Petitions: Streamlining Student Services</b> Seanna Villarreal &amp; Sandra Tachihara 2-3 - Deedy Staff Lounge</p> <p><b>MARINet: Books, CD/DVDs, Museum Tickets, and More</b> Pearl Ly 2-3 - Library Classroom</p> <p><b>*CalSTRS Workshop: The Basics</b> 2:30-4:30 – SMN 225</p> <p><b>Wellness Activity</b> <b>Zumba Gold Toning</b> Diana Scranton 3:30-4:30 – PE 60</p>	<p><b>Wellness Activity</b> <b>Mat Pilates</b> Michele Vaughan 8:30-9:30 - PE 60</p> <p><b>*Go Green with Turnitin</b> Alisa Klinger 10-noon - Library Classroom</p> <p><b>Generating Income Streams During Retirement</b> Kristina Combs 10-noon – SMN 229</p> <p><b>Effective Classroom Management</b> Carol Hernandez &amp; Derek Levy 10-11 – SMN 227</p> <p><b>COM Cares</b> Matt Markovich, Dawn Danz, &amp; Derek Levy 11:10-noon SMN 225</p> <p><b>Fun and Easy Ways to Use SLOs in Your Class</b> <b>CANCELLED – Will be rescheduled in the spring</b> SLO Committee Members 1 - 2 – SMN 225</p> <p><b>Hiring the Best: Legal Requirements &amp; Best Practices for Screening Committees</b> Kristina Combs 1-3 – SMN 229</p> <p><b>* Turnitin: Beyond the Basics</b> Chris McClure, Turnitin Trainer 1:30-3:30 - Library Classroom</p> <p><b>Napa was Only the Beginning: Earthquake Hazards in Marin</b> Steve Newton 2:10-3 – SMN 227</p> <p><b>Art Lecture</b> <b>Ai Wei Wei: @Large on Alcatraz</b> Jason Dunn 2:10-3 – FA 201</p> <p><b>*These sessions require an RSVP.</b> See the detailed Flex activity descriptions for more information.</p>