

Student Success

S P E A K E R S E R I E S

FREE

Wednesdays at noon
Student Services Building, Cafeteria
Refreshments will be served
Sponsors: College of Marin Office of
Student Activities and Advocacy, ASCOM

OCT 14

**Leadership and Involvement:
Why does it matter?**

SADIKA SULAIMAN HARA

*Director, Student Activities and Advocacy
College of Marin*

IRVING ALTRISTE

*ASCOM IVC Activities Director
College of Marin*



OCT 21

**Hanging Out and Hooking Up:
Learn the warning signs of dating abuse
and how to help a friend**

MEGHAN KEHOE

*Children and Youth Division Manager
Center for Domestic Peace*



OCT 28

**Overcoming Math Anxiety:
Learn how to build your skills**

ANDREA WANG

Math Instructor, College of Marin



For more information call 415.457.8811, ext. 7376

Individuals seeking special assistance to accommodate a disability may call the Student Activities and Advocacy Office at 415.485.9376.

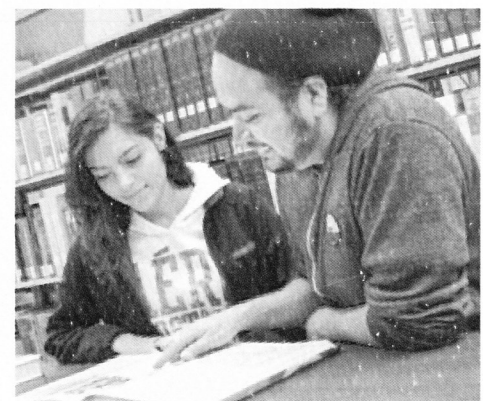
COLLEGE OF
MARIN
www.marin.edu

Student Success

S P E A K E R S E R I E S

FREE Wednesdays at 12 PM
Student Services Building, Deedy Lounge
Refreshments will be served
Sponsors: College of Marin Single Stop and ASCOM

- SEPT 17** *Employment transitions...from where you are to where you want to be!*
JAKE COSTA, Veterans Employment Representative, Employment Development Department Workforce Services
- SEPT 24** *Applying for jobs but not hearing back? Gain the skills you need to get that position*
SHEILA REILLY, ESL Instructor, College of Marin
- OCT 1** *Entrepreneurs! Get legal tips for starting your own small business*
MIYA CHEN, Staff Attorney, Lawyers' Committee for Civil Rights of the San Francisco Bay Area
- OCT 8** *No money for groceries? Find out how to get it*
ALEXANDRA DANINO, CalFresh Coordinator, SF-Marin Food Bank
- OCT 15** *Get creative: Cooking and buying food on a budget*
OSCAR GUARDADO, Community Bilingual Health Educator, Marin County Health & Human Services
KATHERINE KIELICH, Senior Nutritionist, Marin County Health & Human Services
- OCT 22** *Living paycheck to paycheck? Learn how to take control of your finances*
SARAH WOTHERSPOON, Private Ocean
- OCT 29** *Boost your study skills through technology on campus*
MATTHEW DIMOPOULOS, SAS Assistive Tech Specialist, Student Accessibility Services
- NOV 5** *Need health insurance? Check out Covered California 101!*
THOMAS LI, Covered California Educator, Covered California
- NOV 12** *Renter's rights: Uncover your rights as a tenant*
ARACELI ONTIVEROS-VENEGAS, Staff Attorney, Legal Aid of Marin
- NOV 19** *Celebrating diversity on campus: Find your niche at COM*
JOEY CERVETTO, Vice President, ASCOM
- DEC 3** *Stressed out? Learn to reduce stress and relax*
KATHY PAGE, Mental Health Coordinator, Canal Alliance



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415.457.8811, ext. 7761

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NOV 4 Balancing school and personal life:
Effective tools

TROY STEVENSON

Counselor, College of Marin



NOV 18 DACA: Services, support, and what
you need to know

ALYSSA SIMPSON

Attorney, Canal Alliance



NOV 25 Success strategies on test anxiety:
Conquer the nerves

RACHEL KLEIN

Counselor, College of Marin



DEC 2 Dealing with stress during finals week

DAWN CURETON

Psychologist, College of Marin

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- JAN 27** **Need housing, a job, legal help, and/or dental? Learn about FREE services for youth 18–25**
ZARA BABITZKE, MA *Founder/Executive Director, Ambassadors of Hope and Opportunity (AHO)*
-
- FEB 3** **COM scholarships and more: Learn where to find them and how to apply!**
RUSTIN BEAM *Instructional Specialist, Learning/Departments of English and College Skills, COM*
ANDREA MANN *Transfer and Career Center Coordinator, COM*
-
- FEB 10** **Healthy relationships: Understanding the “How”**
DR. DAWN CURETON *Psychologist, COM*
-
- FEB 17** **Transfer 101: Learn the ropes to transition to a four year university**
ANDREA MANN *Transfer and Career Center Coordinator, COM*
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- FEB 24** **Deferred Action and Beyond**
EDUCATORS FOR FAIR CONSIDERATION *E4FC*
-
- MAR 2** **Associated Students of College of Marin: Run for a position today! Learn why and how**
PATRICK MCBURNIE *President, Associated Students of College of Marin (ASCOM)*
MARTIN BIRMINGHAM *Director of Student Services, ASCOM*
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- MAR 9** **Military, Veterans and Dependents FAQs and Resources**
PAIGE JENKINS *Veterans Resource Specialist, COM*
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- MAR 16** **Test anxiety: Learn how to tackle it before it begins**
DR. DAWN CURETON *Psychologist, COM*
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- MAR 23** **Career and major exploration: Find your path**
ANDREA MANN *Transfer and Career Center Coordinator, COM*
-
- MAR 30** **Yes Means Yes: Understanding Affirmative Consent**
SADIKA SULAIMAN HARA *Director, Student Activities and Advocacy, COM*
-
- APR 6** **Understanding diversity and your identity to lead effectively**
JAVIER URENA *EOPS/CARE and CalWORKs Counselor, COM*
-
- APR 13** **No session**
-
- APR 20** **Hanging Out and Hooking Up**
MEGHAN KEHOE *Children and Youth Division Manager, Center for Domestic Peace*
LAUREL FREEMAN *Prevention Supervisor
Children and Youth Community Change Division, Center for Domestic Peace*
-
- APR 27** **Preparing for finals: Tips for wellness and studying**
TROY STEVENSON *Counselor, COM*



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