

## 90Years of Transforming Lives through Education and Training

## Classified Staff Professional Development Day Program Friday, October 14, 2016 10:00 a.m. - 2:00 p.m.

## Opening Session - 10-10:45 a.m.

| Location: FH 120 | Welcome to the first Classified Staff Professional Development Day! |  |
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|                  |   |  |

Session 1 - 10:50-11:50 a.m. Lunch - 12 - 12:50 p.m. in the cafeteria Session 2 - 12:55-2:00 p.m.

## You can choose two sessions to attend. Each session will be presented twice.

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| Presenters:       | Cultivating an Inclusive Campus  |
| Tonya Hersch and  | Please join us for a discussion about diversity on the COM campus and    |
| Meg Pasquel       | nurturing an inclusive environment where everyone feels welcomed,        |
|                   | heard, and empowered to succeed. The conversation will include           |
|                   | developing skills to identify biases, microaggressions, and the value of |
| Location: AC 255  | authentic care.  |
|                   |  |
| Presenter:        | Mindful Stress Reduction and Self Care Strategies                        |
| Sara Lefkowitz    | "You can't stop the waves, but you can learn to surf."                   |
|                   |  |
|                   | In this experiential workshop, Sara Lefkowitz, a member of the           |
| Location: AC 237  | nursing faculty, will help you to explore and practice mindful           |
|                   | mediation techniques which calm the nervous system, regulate the         |
|                   | emotions and increase self-awareness. Discover one-minute stress         |
|                   | busters to help you regain balance during a busy day.                    |
| Presenter:        | *Collaborating in the Cloud: Making Office 365 work for you              |
| Stacey Lince      |  |
|                   | Here's your chance to learn more about some of the new applications      |
|                   | available to you in your COM office 365 account. This session will       |
| Location: SMN 130 | include word, excel, one drive, and group collaboration. This will be a  |
|                   | hands-on experience. Bring your questions!                               |
|                   |  |
|                   | *Space is limited. Please RSVP to <u>slince@marin.edu</u> and put        |
|                   | "Collaborating in the Cloud" in the subject line. Specify Session 1 or   |
|                   | Session 2.   |

| Presenter:                                  | COM Safe Space   |
|---|--|
| Dave Patterson                              | Supporting LGBTIQQ Students  |
| Location: KTD<br>Library Classroom          | The Safe Space program at COM primarily supports lesbian, gay, bisexual, transgender, intersex, queer and questioning (LGBTIQQ) students, staff, and faculty. Safe Space training, based on similar programs at other higher education institutions, will boost your cultural competencies and give you the tools and vocabulary to support student success by contributing to a safe and equitable environment for the LGBT+ community on campus and beyond. The Safe Space program is part of a larger COM community effort to engage under-represented student populations and invest in their success. No prior knowledge of the LGBTIQQ community is required: All are welcome. At the end of the session you can request a Safe Space placard and volunteer to display it as a signal to students that you are a trained ally. |
| Presenter:                                  | Student Panel  |
| Javier Urena and<br>Sadika Sulaiman<br>Hara | Come and engage with COM students as they share their personal experiences with customer service, support, and navigating the college environment. This panel will focus on what students find helpful, as well as, the challenges they face to make COM a   |
| Location: FH 120                            | meaningful experience. Bring your questions!   |
| Presenter:<br>Robin Darcangelo              | Effectively Serving, Working, and Partnering with Five Generations of Students and Staff!  |
| Location: AC 240                            | This session will explore the changes in customer service to meet the needs of our ever changing student population. Come reflect on your skills and how they can be enhanced to support students at COM.  |