

## FLEX WEEK FALL 2022

# Creating Connections and Cultivating Excellence

August 15 – 19, 2022

Flex sessions will include in-person, online, and hyflex (in-person and online) options.

Flex activities are open to all faculty and staff. Please register for all Flex sessions at ProLearning, your personalized professional learning site. Simply [log into MyCOM \(http://mycom.marin.edu\)](http://mycom.marin.edu) and choose ProLearning from the list of applications. From the Workshop Calendar, you can view and register (REQUEST) workshops, and find Zoom links. After each session, please complete the short evaluation.

PRE-FLEX WEEK

MON, AUG 15

TUE, AUG 16

WED, AUG 17

THUR, AUG 18

FRI, AUG 19

### PROFESSIONAL LEARNING THEMES

Employee Excellence (EE), Equity (EQ), Institutional Effectiveness (IE), Online Instruction (OI)  
Student Success (SS), Teaching and Learning (TL), Technology Training (TT)

## Pre-FLEX Week Benefits and Wellness Sessions - August 8–12, 2022

Date/Time	Program Descriptions	Presenter/Facilitator
<p>MON, AUG 8 10 am – 11 am EE</p>	<p><b>OMNI 403(b)/457(b) Administration – What You Need to Know</b></p> <p>General overview of OMNI's administrative services. During this session, we will walk through the OMNI website and review the most used features of Marin Community College District's <a href="https://hr.marin.edu/benefits/403b-and-457b">403(B) AND 457(B) Page (https://hr.marin.edu/benefits/403b-and-457b)</a>. This will also be a great time for employees to ask any questions that they may have.</p> <p>Session Outcomes</p> <ul style="list-style-type: none"> <li>Learn where to go in order to start, stop, or change 403(b) contribution amounts, as well as which providers are approved vendors for Marin Community College District</li> <li>Learn where to go in order to ask questions or get assistance with their 403(b) account</li> <li>Learn where to go in order to submit transaction requests such as loans, hardships, withdrawals, and more</li> <li>Learn some basic financial literacy information</li> </ul>	<p>Ryan Phillips OMNI Business Development Manager</p>

Time	Program Descriptions	Presenter/Facilitator
<p>3:40 pm - 5 pm</p> <p><b>EE</b></p> <p><b>PE 60</b></p>	<p><b>Discover the Healing Power of Breathwork</b></p> <p>This session will introduce you to the Reset breathing technique. Our bodies take 20,000 breaths per day. You will learn how to create a daily breathwork practice as a tool for relieving anxiety, depression, chronic fatigue and managing hypertension. This session is limited to 16 participants.</p> <p>Session Outcomes</p> <ul style="list-style-type: none"> <li>• Apply breathing techniques to manage stress</li> <li>• Connect their breath to relieve pain and fatigue</li> </ul>	<p>Kathleen Smyth</p> <p>Carolyn Smyth</p>

## Friday, August 19, 2022

Time	Program Descriptions	Presenter/Facilitator
<p>9 am - 10 am</p> <p><b>IE, TL</b></p> <p><b>Zoom</b></p>	<p><b>Making Assessment Meaningful</b></p> <p>How do we make SLO assessment more meaningful? How can SLO assessment better inform our equity-minded practices? Come join us to learn about what's working with SLO assessment across the College, what's next, and contribute your ideas and questions. We will highlight examples from English, Math, Fine Arts, Business, and CTE about how SLO assessment, along with other student success data, can be used to explore thorny questions about student learning, and measure impacts of curriculum change. Interested in looking at our new assessment dashboard? We'll be demonstrating that too!</p> <p>Session Outcomes</p> <ul style="list-style-type: none"> <li>• Use assessment data to identify equity gaps</li> <li>• Use assessment data to understand impacts of curriculum change</li> <li>• Use assessment data to learn about our new assessment dashboard</li> </ul>	<p>Logan Wood</p> <p>SLOAC</p> <p>Paul Cheney</p> <p>Alex Jones</p> <p>Nancy Willet</p> <p>Farhad Zabihi</p>
<p>10 am - 11 am</p> <p><b>IE, TT</b></p> <p><b>Zoom</b></p>	<p><b>Mandatory Revision in eLumen</b></p> <p>This workshop will provide step-by-step instructions about how to complete mandatory revision in eLumen for faculty who need a refresher or are new to eLumen. We will also review criteria for revisions that require a presentation to the Curriculum Committee when there are substantive changes to a course outline of record.</p> <p>Session Outcomes</p> <ul style="list-style-type: none"> <li>• Refresh your knowledge of or learn to use eLumen</li> <li>• Understand when changes require presentations to the Curriculum Committee</li> </ul>	<p>Gina Cullen</p> <p>Cari Torres</p> <p>Grace Mengqi Yuan</p>

Time	Program Descriptions	Presenter/Facilitator
<p>10 am - 11 am</p> <p><b>SS, EQ</b></p> <p><b>Zoom</b></p>	<p><b>COM Care: Balancing Classroom Management and Student Support</b></p> <p>In this session, participants will learn about and discuss the best practices for supporting students in crisis, identify red flags and warning signs, and work on student intervention skills. We will also discuss resources at the College and in the community so that you can more effectively provide support for your students.</p> <p>Session Outcomes</p> <ul style="list-style-type: none"> <li>• Identify resources, both on-campus and off-campus, that can support students facing a crisis</li> <li>• Recognize concerning behaviors of students that may require additional support or intervention</li> <li>• Model intervention strategies to use with students in crisis</li> </ul>	<p>Sadika Sulaiman Hara</p>
<p>11 am - 12:30 pm</p> <p><b>IE</b></p> <p><b>Zoom</b></p>	<p><b>Become a Program Review Data Wizard</b></p> <p>Understanding the data in your Program Review data report can be daunting, but it doesn't have to be! In this lecture/interactive session, PRIE will walk you through the metrics included in the standard Program Review data report, how to interpret the data, and identify key questions and takeaways for programmatic improvement, specifically focusing on equity.</p> <p>Session Outcomes</p> <ul style="list-style-type: none"> <li>• Understand the metrics in the Program Review data template</li> <li>• Use data findings to set goals for program improvement</li> </ul>	<p>Holley Shafer</p> <p>Katie Mills</p>
<p>1 pm - 2:30 pm</p> <p><b>TL, TT, OI</b></p> <p><b>Zoom</b></p>	<p><b>Promoting Accessibility in Canvas</b></p> <p>Accessible course design is essential to student learning - not to mention it is the law! In this session, we will introduce participants to a newly integrated Canvas tool called Pope Tech. We will explore how to verify and correct accessibility errors within Canvas pages; discuss the benefits of using Canvas pages over PDF and Word documents; and demonstrate how to use built-in Adobe and Microsoft accessibility features.</p> <p>Session Outcomes</p> <ul style="list-style-type: none"> <li>• Review the accessibility checklist</li> <li>• Identify Canvas pages and document accessibility issues</li> <li>• Correct accessibility issues using various accessibility tools including Pope Tech, the Canvas accessibility checker, and built-in Adobe and Microsoft accessibility features</li> </ul>	<p>Stacey Lince</p> <p>Kathleen Smyth</p> <p>Elle Dimopoulos</p>